

2018 Metro East Conference Boys

Simley High School - 5/22/18 & 5/24/18

Team Scores:

1. Hastings	139
2. Mahtomedi	118
3. St Thomas Academy	97
4. Henry Sibley	77
5. Simley	69
6. North HS	62
7. Tartan	52
8. South St. Paul	45
9. Hill-Murray	39

Varsity Boys 100 Meters Prelims

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Athlete	Yr	Team	Mark
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1	Devon Richards	11	Simley	11.35
2	John Sass	12	Mahtomedi	11.36
3	Evan Johnson	11	Simley	11.75
5	Ian Fosdick	11	Mahtomedi	11.77
6	Timothy Oeun	11	Tartan	11.87
7	Avonte Bailey	12	Hastings	11.92
7	Alec Frederick	11	Simley	11.92
9	Tien Dang	10	Tartan	11.95
4	Khia Vue	12	St Thomas Academy	11.96
10	Isakar Lopez	12	Tartan	11.97
10	Chi Moua Cha	11	North HS	11.97
12	Nitia Fernandez	12	North HS	11.98
12	Cam Cashin	12	St Thomas Academy	11.98
14	Amar Thomas	11	Hastings	12.00
15	Jordan Young	9	St Thomas Academy	12.03
16	William Burciaga	10	South St. Paul	12.08
17	Nathan Miller	12	Hastings	12.13
17	Tate Schilling	12	Henry Sibley	12.13
19	Mike Jones	11	South St. Paul	12.16
20	Robert Witzany	10	Hill-Murray	12.18
21	Vincent Hurley	11	Hill-Murray	12.26
22	Riley Gannon	11	Hill-Murray	12.37
23	Nate Pace	10	Henry Sibley	12.42
24	Kyle Vang	10	North HS	12.44
25	Ben Hogan	10	Mahtomedi	12.72
26	William Schweinler	9	South St. Paul	12.88
27	Pablo Moreno-Castro	9	Henry Sibley	13.31

Varsity Boys 200 Meters Prelims

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Athlete	Yr	Team	Mark
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1	John Sass	12	Mahtomedi	22.84
2	Devon Richards	11	Simley	23.64
3	Amar Thomas	11	Hastings	23.97
5	Evan Johnson	11	Simley	23.97
6	Avonte Bailey	12	Hastings	23.99
6	Nitia Fernandez	12	North HS	23.99
8	David Blasena	11	Mahtomedi	24.05
4	Ian Fosdick	11	Mahtomedi	24.08
9	Tate Schilling	12	Henry Sibley	24.13
10	Vincent Hurley	11	Hill-Murray	24.21
10	Justin Sok	10	Simley	24.21
12	Peter Corniea	11	St Thomas Academy	24.28
13	William Burciaga	10	South St. Paul	24.36

14 Devin Boeing 12 St Thomas Academy 24.60
15 Brendan Houle 12 St Thomas Academy 24.78
16 Gianni Hurley 8 Hill-Murray 24.80
17 Timothy Oeun 11 Tartan 24.83
18 Jack Kuchemeister 11 North HS 25.00
19 Joe Marlow 12 South St. Paul 25.25
20 Grant Sullivan 11 North HS 25.34
21 Elijah Coleman 9 Tartan 25.63
22 Stephaun Fitzpatrick 9 Hastings 25.77
23 Adam Bennett 11 Hill-Murray 25.86
24 Jesse Hawkins 7 Tartan 25.91
25 William Schweinler 9 South St. Paul 25.94
26 Miles Hill 9 Henry Sibley 26.58
27 Josh Burns 10 Henry Sibley 27.68

Varsity Boys 400 Meters Prelims

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Athlete Yr Team Mark

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1 Devon Richards 11 Simley 51.88
5 Gavin Cunningham 12 South St. Paul 52.62
2 Peter Corniea 11 St Thomas Academy 52.80
3 Brandon Morris 9 Henry Sibley 53.06
4 Joe Sarakaitas 11 St Thomas Academy 53.11
6 Josh Lewanski 12 Hastings 53.97
7 Daniel Brown 10 Hastings 54.48
8 Rodney Thompson 10 Simley 54.66
9 Andrew Moon 12 Hill-Murray 54.88
10 Joey Newman 11 Mahtomedi 54.99
11 Enock Moindi 9 Henry Sibley 55.89
12 Patrick Kelley 11 South St. Paul 56.02
13 Sem Yebyo 10 South St. Paul 56.28
14 Byamun Bigabwa 10 Simley 56.43
15 Alexander Halatsis 10 Mahtomedi 56.44
16 Jimmy Elander 12 Henry Sibley 56.53
17 Daniel Bakare 10 North HS 56.65
18 Josh McKinney 12 Hastings 56.77
19 Riley Miller 12 St Thomas Academy 58.12
20 Carter Hauge 12 Hill-Murray 58.69
21 Bao-Phong Nguyen 10 North HS 58.91
22 Jake Henderson 10 Tartan 59.02
23 Steven Polski 11 Hill-Murray 59.05
24 Brett Gulyash 12 North HS 59.63
25 Brock Hansen 10 Mahtomedi 59.76
26 Mario Velento 9 Tartan 1:01.65

Varsity Boys 800 Meters Prelims

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Athlete Yr Team Mark

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1 Ethan Henseler 12 Hill-Murray 2:03.80
4 Griffin Myers 12 Hastings 2:04.27
2 Isaac Huntington 10 Hastings 2:04.31
3 Marco Gonzalez 11 South St. Paul 2:04.36
5 Jakub Youngstrom 10 Hastings 2:04.53
7 Thomas Thurlow 11 St Thomas Academy 2:05.32
6 Matthew Heimerman 12 Hill-Murray 2:05.93
8 Joey Gerend 12 St Thomas Academy 2:06.23
9 Brad Alton 11 Henry Sibley 2:06.52
10 Luigi Viggiano 11 Mahtomedi 2:06.85
11 Grant Dilla 10 Simley 2:07.84
12 Ian Stawarz 12 Henry Sibley 2:13.55
13 Andrew Thurlow 9 St Thomas Academy 2:15.03

14 Sean Bearth 12 Tartan 2:16.68
15 Carl Strohoffer 8 Henry Sibley 2:16.85
16 Jack Campbell 12 South St. Paul 2:17.22
17 Ryan McFadden 10 Hill-Murray 2:17.56
18 Peter Wertzler 10 Tartan 2:18.19
19 Joseph Hinzman 12 Tartan 2:20.11
20 Gabe Alvear 9 Simley 2:20.21
21 Kane Hickman 11 South St. Paul 2:23.42
22 Michael Turley 10 Mahtomedi 2:25.42
23 Alex Vue 10 North HS 2:27.13
24 Connor Hassing 9 Simley 2:28.64
25 Anthony Her 10 North HS 2:29.25
26 Lucas Granec 8 Mahtomedi 2:30.01
27 Nicholas Yang 10 North HS 2:39.74

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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1 Myles Fleming 12 Henry Sibley 9:26.13
2 Ryan Tracy 12 St Thomas Academy 9:45.35
3 Luke Kolar 11 St Thomas Academy 10:00.10
4 David Nogle 12 Hastings 10:04.63
5 Jack Davison 10 Hastings 10:24.34
6 Andrew Accola 12 Tartan 10:25.95
7 Matt Krummel 9 Tartan 10:35.86
8 Benjamin Lundsten 11 Mahtomedi 10:37.71
9 Timothy Wilmot 12 Simley 10:40.39
10 Bennett Challifour 10 Henry Sibley 10:43.87
11 Charlie Giese 9 Simley 10:56.86
12 Max Scheuhle 8 Henry Sibley 10:57.65
13 Teddy Lawder 9 St Thomas Academy 11:03.51
14 Luke Harris 10 Hastings 11:05.93
15 Ethan Barr 10 Mahtomedi 11:11.42
16 Carter Bollmann 10 Simley 11:18.17
17 Aaron Holslin 11 Mahtomedi 11:21.10
18 Sam Bade 11 South St. Paul 11:24.45
19 Eli Winslow Brewer 10 South St. Paul 11:27.50
20 Xuefeng Yang 11 North HS 11:28.76
21 Dave Diesslin 10 North HS 11:39.74
22 Nathaniel Alemu 12 Tartan 11:45.45
23 Miguel Alvarez 12 South St. Paul 11:57.09

Varsity Boys 110m Hurdles Prelims

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Athlete Yr Team Mark

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1 Jide Banjo 12 Tartan 15.70
2 Justin Sok 10 Simley 16.74
4 Sam King 12 South St. Paul 17.50
3 Kyle Splinter 11 North HS 17.73
5 Naeem Williams 11 Mahtomedi 18.06
6 Savior Allen-Knight 12 North HS 18.19
7 Matthew Schulz 12 Mahtomedi 18.21
8 Joe Mansour Abdel 12 Simley 18.36
9 Gabriel Sirek 10 St Thomas Academy 18.39
10 Jake Stone 11 North HS 18.83
11 Kyle McFadden 10 Hill-Murray 19.22
12 Jamie Smith 9 St Thomas Academy 19.25
13 Joe Notch 9 Hastings 19.33
14 Grant Baker 10 South St. Paul 19.35
15 Gavin Zemke 11 Mahtomedi 19.81
16 Austin Weeks 11 Hastings 20.01

17 Yasiel Santiago-Castillo 10 Henry Sibley 21.62
18 Chandler Rosengren 11 South St. Paul 21.67
19 Cameron Olsen 9 Hastings 22.26

Varsity Boys 300m Hurdles Prelims

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Athlete Yr Team Mark

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1 Jide Banjo 12 Tartan 41.05
2 Hope Adebayo 10 Simley 42.66
3 Gabriel Sirek 10 St Thomas Academy 43.18
4 Savior Allen-Knight 12 North HS 43.43
5 Cole Deweese 12 Mahtomedi 43.46
6 Justin Sok 10 Simley 44.33
7 Joe Mansour Abdel 12 Simley 44.93
8 Jake Stone 11 North HS 45.12
9 Alejandro Alas 11 South St. Paul 45.13
10 Bailey Volkmann 12 Henry Sibley 46.19
11 Joe Notch 9 Hastings 46.29
12 Matthew Schulz 12 Mahtomedi 46.78
13 Grant Baker 10 South St. Paul 47.01
14 Kyle Splinter 11 North HS 47.15
15 Naeem Williams 11 Mahtomedi 47.74
16 Kyle McFadden 10 Hill-Murray 47.81
17 Austin Weeks 11 Hastings 48.59
18 Max Migglar 11 Tartan 48.85
19 Jamie Smith 9 St Thomas Academy 49.32
20 Cameron Olsen 9 Hastings 50.19
21 Yasiel Santiago-Castillo 10 Henry Sibley 51.16
Sam King 12 South St. Paul DNS

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark

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1 Jack Tousignant 12 Hastings 47-08.50
2 Blake Kinzer 12 St Thomas Academy 46-06.75
3 Joe Kammeyer 12 Henry Sibley 46-03.00
4 Jeremy Weldon 11 North HS 46-02.50
5 Mike Villarreal 12 Henry Sibley 44-11.25
6 Levi Zak 12 Hastings 43-00.50
7 Sam Dwelle 10 South St. Paul 42-02.00
8 Sam Goaley 12 St Thomas Academy 41-08.00
9 Cade Fiest 10 North HS 40-01.00

Varsity Boys Shot Put Prelims

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Athlete Yr Team Mark

=====

1 Jack Tousignant 12 Hastings 47-08.50
2 Blake Kinzer 12 St Thomas Academy 46-06.75
3 Joe Kammeyer 12 Henry Sibley 46-03.00
4 Jeremy Weldon 11 North HS 46-02.50
5 Mike Villarreal 12 Henry Sibley 43-10.00
6 Sam Dwelle 10 South St. Paul 42-02.00
7 Sam Goaley 12 St Thomas Academy 41-08.00
8 Levi Zak 12 Hastings 41-04.50
9 Cade Fiest 10 North HS 40-01.00
10 Sawyer Levos 12 Hastings 39-07.00
10 Al Touray 11 Mahtomedi 39-07.00
12 Matthew Goldade 12 St Thomas Academy 39-00.00
13 Brandon Birkelo 12 Simley 38-11.00

14 Alex Mix 12 Tartan 37-07.00
15 Darien Foster 10 South St. Paul 36-07.00
16 Gavin McPhillip 9 North HS 36-06.00
17 Brandon Floyd 12 Tartan 36-05.50
18 Aric Anderson 11 Mahtomedi 36-05.00
19 Noah Gilberg 12 Simley 35-04.25
20 Tristen Thill 11 Mahtomedi 34-07.00
21 Nick Verby 11 Henry Sibley 33-08.25
22 Jamonte Franklin 10 Simley 33-07.00
23 Rylan Trouten 11 South St. Paul 33-04.00
24 Jared Philip 12 Tartan 30-09.00
25 Joe Mensen 9 Hill-Murray 30-07.00
26 David Shipp 11 Hill-Murray 24-10.00

Varsity Boys Pole Vault Finals

Athlete Yr Team Mark

1 Lukas Adamsky 12 Hill-Murray 12-00.00
2 Noah Hurley 11 North HS 11-06.00
2 Matt Myers 11 Hastings 11-06.00
4 Logan Jones 11 Tartan 11-00.00
5 Vova Tipler 12 Hastings 10-06.00
5 Luke Koeneman 10 Mahtomedi 10-06.00
5 Jack McNaney 12 St Thomas Academy 10-06.00
8 Ben Rocheford 10 Hill-Murray 10-06.00
9 Isaac Fritz 9 Hastings 10-00.00
10 Benjamin Thayer 10 Mahtomedi 9-06.00
Kieran Viggiano 11 Mahtomedi NH
Adam Behun 11 Hill-Murray NH
Sam Martinez 10 North HS NH
Ryan Creamer 9 St Thomas Academy NH
Tyson Sonnek 10 North HS NH
Asa Raarup 10 St Thomas Academy NH
Kase Kolberg 11 Tartan NH

Varsity Boys Triple Jump Finals

Athlete Yr Team Mark

1 Ian Fosdick 11 Mahtomedi 45-06.00
2 John Sass 12 Mahtomedi 42-06.50
3 Mike Jones 11 South St. Paul 40-08.50
4 Malik Toure 11 North HS 40-04.00
5 Andrew Moon 12 Hill-Murray 38-11.50
6 Kian Abbott 11 St Thomas Academy 38-08.50
7 Tanner Holly 9 Mahtomedi 38-08.00
8 Thomas Thurlow 11 St Thomas Academy 38-07.00
9 Kyle Splinter 11 North HS 38-05.00

Varsity Boys Triple Jump Prelims

Athlete Yr Team Mark

1 John Sass 12 Mahtomedi 46-00.00
2 Ian Fosdick 11 Mahtomedi 45-06.00
3 Mike Jones 11 South St. Paul 40-03.50
4 Malik Toure 11 North HS 39-11.00
5 Andrew Moon 12 Hill-Murray 38-11.50
6 Kian Abbott 11 St Thomas Academy 38-08.50
7 Tanner Holly 9 Mahtomedi 38-08.00
8 Kyle Splinter 11 North HS 38-05.00

9 Thomas Thurlow 11 St Thomas Academy 38-04.00
10 Grady Clem 11 Henry Sibley 38-03.00
11 Hope Adebayo 10 Simley 37-01.00
12 Hayden Niebur 12 Hastings 37-00.00
13 Alejandro Alas 11 South St. Paul 36-09.00
14 Josh Stenman 12 North HS 36-05.00
15 Isakar Lopez 12 Tartan 35-02.00
16 Luca Allione 12 Hastings 34-08.50
17 Griffin Rohrer 11 South St. Paul 33-11.00
18 Cole Jacobs 9 Henry Sibley 33-09.50
19 Josh McKinney 12 Hastings 33-08.00
20 Joe Mansour Abdel 12 Simley 32-01.00
21 Asa Raarup 10 St Thomas Academy 30-05.00